



**11th PAN AMERICAN
AVIATION SAFETY SUMMIT**

SÃO PAULO, BRAZIL **2022**

 **ALTA**

 **LATAM**
AIRLINES



SEGURAMENTE / Pilot Peer Support

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Programa 
Seguramente





A program from pilot to pilot



This program was born as an initiative of LATAM collecting the best practices of the aeronautical industry.

SEGURAMENTE (safe + mind), seeks to strengthen and promote the psycho-physical well-being of the pilots through support and advice against possible problems that could affect the quality of personal and professional life.

Our mission is to provide a support network, in a safe environment, so that it can be effectively directed towards adequate help.





How does it work ?



The program is based on a fundamental pillar

Peer Support

That is, a pilot like you, who understands your profession and your work environment, who knows how to listen to you and offers your support on a voluntary basis



The Peer is advised by a highly qualified support network in which they participate



doctors, psychologists specialists to help other pilots who require support

Confidential Personalized Close Timely





They speak the same language
Similar life experiences
Lifestyle
Studies show a greater tendency to trust equals



Profits

- Empower the pilot to seek help.
- Offers confidential and secure problem solving tool.
- Early diagnosis of diseases, early treatment and quicker return to flight.
- It reduces absenteeism due to illnesses, mainly those associated with chronic stress.
- Increase the confidence, partnership and team spirit of the flight group.
- Benefits to operational safety



"know all the theories, master all the techniques, but as you **touch a human soul** be just another human soul"

Carl Jung

Thank You

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